

Mentoring Contract

This mentoring project has been put into place in order to assist incoming first year students with the transition into University life. A peer mentor is a senior university student, someone who wants to help you – someone who will give you guidance and encouragement as you start your university programme”.

The relationship is beneficial to both the mentor, through gaining qualities such as leadership, problem solving and action planning and to the mentee, through having the guidance of someone who has shared the same experiences. The mentoring relationship relies heavily upon trust.

To be signed by both the Mentor and Mentee

We agree to:

- Attend all sessions as agreed
- Let each other know if there needs to be any change to the arrangements
- Abide by the rules of confidentiality
- Meet the action plans we draw up
- Attend support sessions
- Complete review and evaluation forms as necessary
- Attend an end of project interview/focus group

Mentor Signature: _____

Date: _____

Print Name: _____

Mentee Signature: _____

Date: _____

Print Name: _____